

# ORANGE COAST COLLEGE STUDENT HEALTH SERVICE

714-714-7715

## MENTAL HEALTH REFERRALS

### 24 HOUR EMERGENCY HOTLINES (Thoughts of harming oneself or others)

#### NATIONAL SUICIDE PREVENTION LIFELINE

Call, or Text 988

Spanish: 988

Deaf/Hard of Hearing : Dial 711 then 988

988lifeline.org Online chat available

#### DIDI HIRSCH SUICIDE PREVENTION HOTLINE

Korean 4:30pm-12:30am; 7 days a week 877-727-4747

Deaf /Hard of Hearing: Text "HEARME" to 839863

Teen Hotline & Disaster Distress Hotline available.

didihirsch.org Online chat available.

#### VETERANS CRISIS LINE

988 Press 1 or Text 838255

veteranscrisisline.net

Online chat available

#### CRISIS TEXT LINE

Text "HOME" to 741741 [crisistextline.org](http://crisistextline.org)

Text, Online Chat, & WhatsApp

#### OC WARM LINE

714-991-6412 Available 24/7 . Call, Text, & Online Chat

[namioc.org/oc-warmline](http://namioc.org/oc-warmline)

#### CALIFORNIA YOUTH CRISIS LINE

800-843-5200 [calyouth.org](http://calyouth.org) Online chat available

#### CRISIS STABILIZATION UNIT (CSU)

1030 W. Warner, Santa Ana 714-834-6900

#### OC LINKS 855-625-4657 [ochealthinfo.com](http://ochealthinfo.com)

Available 24/7. Call & live chat available

#### SOCIAL SERVICES REFERRALS 211

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### MENTAL HEALTH SERVICES

#### CASA DE LA FAMILIA

1650 E. 4th Street. Santa Ana, CA.

877-611-2272 [casadelafamilia.org](http://casadelafamilia.org)

Low-cost therapy, Support groups, Individual, Family, Group, Telehealth

#### CATHOLIC CHARITIES COUNSELING CENTER

1800 E. 17th St, Santa Ana

714-347-9674 [ccoc.org](http://ccoc.org)

#### STRAIGHT TALK

3785 S Plaza Dr, Santa Ana

714-828-2000 Sliding scale, Individual, Couples, Families

#### CALIFORNIA FAMILY INSTITUTE

2900 Bristol Ave. Suite C-208, Costa Mesa

949-381-1510 [californiafamilyinstitute.org](http://californiafamilyinstitute.org)

Appointments Mon-Sun. Sliding scale, Individual, Couples, Family

#### TURNING POINT CENTER FOR FAMILIES

3151 Airway Ave, Ste F206A, Costa Mesa

714-547-8111 Sliding scale, Individual, Couples, Families

[turningpointoc.org](http://turningpointoc.org)

#### FRANCIS SMITH CENTER FOR INDIVIDUAL & FAMILY THERAPY

501 W. Palm Ave, Orange (Corner N. Glassell & Palm Ave)

714-997-6746 Sliding scale, Medicare, Medicaid, Individual, Couples, Teens, & Children

#### LIVING SUCCESS CENTER

1560 Brookhollow Suite 216 Santa Ana, CA

949-645-4723 Sliding scale, Individuals, Families, Groups

#### MARIPOSA WOMEN'S CENTER

1845 W Orangewood Ave. Suite 300. Orange, CA.

714-547-6494 Sliding scale, Adolescents, Couples, Groups, Family & Women programs

#### MELINDA HOAG SMITH CENTER FOR HEALTHY LIVING

307 Placentia Ave, Newport Beach, CA.

949-764-6551 Adolescents, Couples, Groups, Spanish, Farsi, Food Distribution

#### IRVINE COMMUNITY COUNSELING CENTER

18111 Von Karman, Ste 401, Irvine

949-223-2570

Sliding scale, Online Services, English/Spanish

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### REGIONAL MENTAL HEALTH TEAMS (All have 24 hour answering machines)

Sliding scale, Medications, Psychiatry

#### EAST COUNTY

401 Civic Center Dr. Suite 800. Santa Ana, CA.

714-480-6767

Pacific Asian Services & Hearing Impaired

#### SOUTH COUNTY

5 Mareblu, 2nd Floor, Aliso Viejo 949-643-6901

#### NORTH COUNTY

2035 E. Ball Rd, #200, Anaheim

714-517-6300

#### WEST COUNTY

14140 Beach Blvd, #223, Westminster

714-896-7566

## LGBTQ COMMUNITY SERVICES

### THE LGBT CENTER ORANGE COUNTY

1605 N. Spurgeon St, Santa Ana  
714-953-5428 lgbtcenteroc.org Appt available Mon-Sun  
Sliding scale for counseling, Free HIV testing, Individual,  
Couples, Family, Group,

### TREVOR PROJECT

24 hour Crisis Hotline  
866-488-7386  
Chat: thetrevorproject.org  
Text: 678-678

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## ALCOHOL AND DRUG PROGRAM SERVICES

### ALCOHOLICS ANONYMOUS

aa.org

714-556-4555 Santa Ana  
562-989-7697 Long Beach  
714-773-4357 Fullerton

### ADULT CHILDREN OF ALCOHOLICS

310-534-1815 adultchildren.org

### AL-ANON/AL-A-TEEN

al-anon.org

714-748-1113 orangecountyalanon.org  
Groups

### COCAINE ANONYMOUS

949-650-1011 ca.org or occa.info

### MARIJUANA ANONYMOUS

657-345-4812 marijuana-anonymous.org  
12 Step

### NARCOTICS ANONYMOUS

714-590-2388 na.org or orangecountyna.org  
800-333-3610 www.southcoastareana.com

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## DOMESTIC VIOLENCE AND SEXUAL ASSAULT SERVICES

### DOMESTIC VIOLENCE HOTLINE

800-799-7233 or 800-787-3224 (TTY)  
Text "START" to 88788

### HUMAN OPTIONS

5540 Trabuco Rd. Suite 100. Irvine, CA  
949-737-5242 humanoptions.org  
877-854-3594 24 hour Hotline

### WAYMAKERS

1221 E. Dyer Rd. Suite 120. Santa Ana, CA.  
949-250-0488 waymakersoc.org  
Shelter children/teens, Counseling

### RAPE CRISIS/SEXUAL ASSAULT 24 HR HOTLINE

800-656-4673 rainn.org

### RESTRAINING ORDER

714-935-7956

### OC CHILD ABUSE REGISTRY

24 hour Hotline to Report  
714-940-1000 or 800-207-4464

### NATIONAL CHILD ABUSE HOTLINE

800-422-4453 childhelp.org

### INTERVAL HOUSE

714-891-8121 intervalhouse.org  
Domestic violence/Human trafficking, Crisis, Counseling,  
Legal, Shelter.Emergency Response Team, Over 70 Languages

### WOMEN'S TRANSITIONAL LIVING CENTER

714-992-1931 wtcl.org  
24 hr Bilingual Hotline: 877-531-5522  
Domestic violence/Human trafficking, Counseling, Groups,  
Legal, LGBTQ, Shelter

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## TWELVE STEP PROGRAMS

### ADULT CHILDREN OF ALCOHOLICS

562-595-7831 adultchildren.org

### CO-DEPENDENTS ANONYMOUS

888-444-2359 socialcoda.org

### OVEREATERS ANONYMOUS

505-891-2664 oa.org

### NICOTINE ANONYMOUS

800-642-0666 nicotine-anonymous.org

### SEXAHOLICS ANONYMOUS

310-491-8845 sasocal.org

### SMART RECOVERY

440-951-5357 smartrecovery.org

### TOPS (Take Off Pounds Sensibly)

714-390-1865 tops.org

## OTHER RESOURCES

### ELDER CARE SERVICE FINDER

800-677-1116 M-F 8am-9pm  
eldercareaci.gov

### WISE PLACE FOR WOMEN

1411 N. Broadway, Santa Ana  
714-542-3577 wiseplace.org  
Shelter, Meals, Job Assistance

### VICTIM WITNESS ASSISTANCE

714-834-4350

### WAYMAKERS

949-250-0488  
waymakers.org/sheltering-  
children

## PSYCH ASSESSMENTS

### OMID INSTITUTE-ADD/ADHD Testing

949-502-4721 omidinstitute.org

### ORANGE COUNTY PSYCHIATRISTS, PACIFIC NEUROPSYCHIATRIC SPECIALISTS

714-545-5550 pnsoc.com  
Different testing locations available, some insurances  
accepted